

# 4-mile Walk/Run

(2 miles and return)



## P Parking

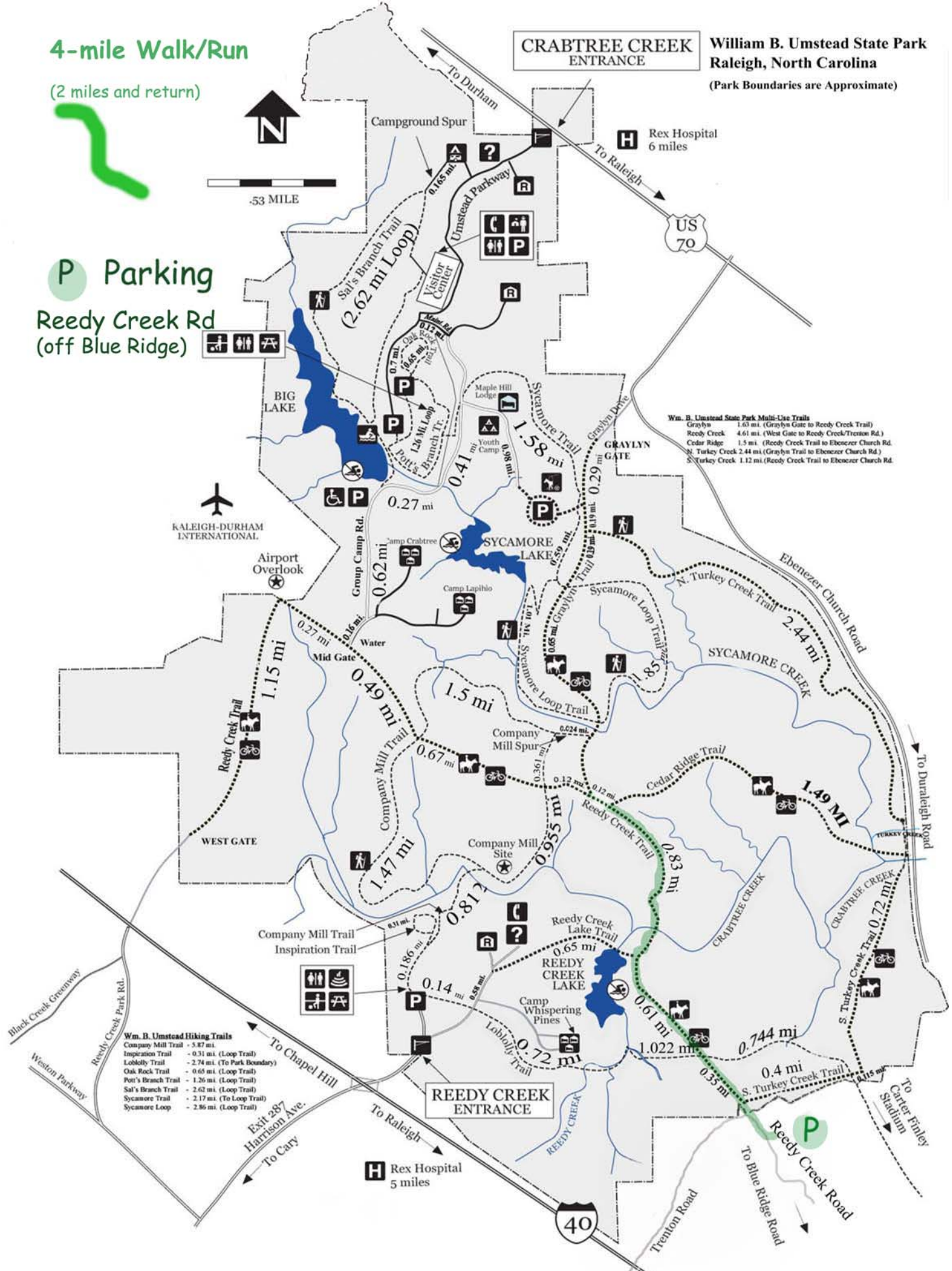
Reedy Creek Rd  
(off Blue Ridge)



**CRABTREE CREEK ENTRANCE**

**William B. Umstead State Park**  
Raleigh, North Carolina

(Park Boundaries are Approximate)



**Wm. B. Umstead State Park Multi-Use Trails**

Graylyn	1.63 mi (Graylyn Gate to Reedy Creek Trail)
Reedy Creek	4.61 mi (West Gate to Reedy Creek/Trenton Rd.)
Cedar Ridge	1.5 mi (Reedy Creek Trail to Ebenezer Church Rd.)
N. Turkey Creek	2.44 mi (Graylyn Trail to Ebenezer Church Rd.)
S. Turkey Creek	1.12 mi (Reedy Creek Trail to Ebenezer Church Rd.)

**Wm. B. Umstead Hiking Trails**

Company Mill Trail	- 5.87 mi.
Inspiration Trail	- 0.31 mi. (Loop Trail)
Loblolly Trail	- 2.74 mi. (To Park Boundary)
Oak Rock Trail	- 0.65 mi. (Loop Trail)
Poti's Branch Trail	- 1.26 mi. (Loop Trail)
Sal's Branch Trail	- 2.62 mi. (Loop Trail)
Sycamore Trail	- 2.17 mi. (To Loop Trail)
Sycamore Loop	- 2.86 mi. (Loop Trail)

To Chapel Hill  
Exit 287  
Harrison Ave.  
To Cary

Rex Hospital  
5 miles



To Blue Ridge Road  
To Stadium  
To Carter Finley